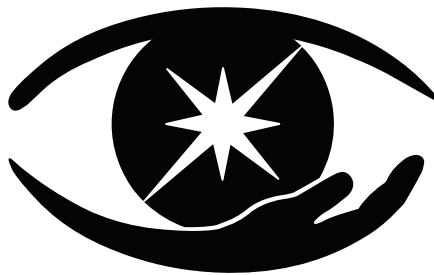


SIGHTS FOR HOPE™



Seize Independence **Now™**

Client Bulletin

July 2024 | Volume 14, Issue 1.1

Program Listings

Lehigh Valley: Pages 3-4, and 9

Monroe: Pages 9-11

Pullout Calendars

Lehigh Valley: Pages 5 and 8

Monroe: Pages 6-7

How to Schedule Transportation

Call Monday-Friday from 8:30 a.m.-4:30 p.m.

Lehigh Valley

Call Brian Schell, 610.433.6018, Ext. 226

Monroe County

Call Lisa DePietro, 570.992.7787, Ext. 224

Announcements for Clients

- Sights for Hope will be closed on Thursday, July 4, in observance of Independence Day. No services will be available that day.
- Sights for Hope's summer Camp I CAN! program for kids takes place on July 15-18 and July 22-25. Some programs will be held on different dates or not held. Limited transportation also will be available on those weeks.
- The Monroe Sights for Hope Lions Club, comprised almost entirely of clients, will host a fundraiser selling Avon products. Clients interested in helping should call Jennifer Pandolfo at 570.992.7787, Ext. 222, for details.
- The Sights for Hope client band, Limitless, is looking for a keyboard player or bass player. Interested clients should call Rita Lang at 610.433.6018, Ext. 225.

Lehigh Valley Programs

Programs are held at Sights for Hope's Lehigh Valley Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

Living through Depression Support Group Meetings

Monday, July 1, 2-3 p.m., and Monday, July 15, 11 a.m.-12 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Mall Walks (T)

Wednesdays, July 3, 10, and 31, 9-10:30 a.m.

South Mall, 3300 Lehigh St., Allentown, PA

Women's Client Support Group

Tuesday, July 9, 10-11 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Crafters Corner Activity

Tuesday, July 9, 11 a.m.-1 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Lehigh Valley Client Support Group (T)

Thursday, July 11, 10-11:30 a.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Tech Talks

Thursday, July 11, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

Lehigh Valley Programs

Client Book Club Meeting

July's Book: *The Alice Network* by Kate Quinn

Friday, July 12, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Greater LV Chapter-Nat. Federation of the Blind Meeting

Saturday, July 13, 10 a.m.-12 p.m.

Denny's Restaurant, 1871 Catasauqua Road, Allentown, PA

Call Cheryl Frazier at 610.802.3050 for details.

Lehigh Valley Council of the Blind Meeting

There will be no meeting in July.

Annual Bethlehem Boat Picnic (T)

Sponsored by the Mountainville Lions Club and supported by the Bethlehem Boating Club. Enjoy food, entertainment, and boat rides on the Lehigh River. Family members are welcome. Please register even if you do not have a transport so there is enough food.

Sunday, July 28, 1-5 p.m.

Bethlehem Boating Club Launch, 1400 Hope Road, Easton, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless.

Monday, July 29, 11 a.m.-1 p.m.; subject to change

Monroe Services Center, 4215 Manor Drive, Stroudsburg, PA

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Descriptions Continue on Page 9

July 2024

Lehigh Valley Client Calendar

Thursday	Friday	Saturday
4 Closed for Holiday	5	6
11 Lehigh Vly Group 10-11:30 (T)	12 Book Club 10-12:30	13 GLVNFB 10-12
18	19	20
25	26	27

Transports

Programs with
available
transportation
are marked
with a (T)

Weekly Programs

Mall Walks

July 3, 10,
and 31,
9-10:30 (T)

Tech Talks

July 11,
2-3:30

July 2024

Monroe Client Calendar

Sunday	Monday	Tuesday	Wednesday
	1 Monroe Group 10-11:30 (T) Depression Grp 2-3	2	3
7	8	9	10 Art Therapy 10:30-12 (T)
14	15 Depression Grp 11-12	16 Penna. Stonehenge 10-11:30 (T)	17
21	22	23	24
28 Boat Picnic 1-5 (T)	29 Client Band 11-1 (T)	30	31 NuVisions 10:30-12:30 (T) Monroe Lions 1-2 (T)

July 2024

Monroe Client Calendar

Thursday	Friday	Saturday
<div>4</div> <div>Closed for Holiday</div>	<div>5</div>	<div>6</div>
<div>11</div>	<div>12</div> <div>Book Club 10-12:30</div>	<div>13</div>
<div>18</div>	<div>19</div> <div>Braille 10-11:30 (T)</div>	<div>20</div>
<div>25</div> <div>Pizza and Bowling 11-2 (T)</div>	<div>26</div>	<div>27</div>

Transports

Programs with available transportation are marked with a (T)

Weekly Programs

Tech Talks
July 11,
2-3:30

July 2024

Lehigh Valley Client Calendar

Sunday	Monday	Tuesday	Wednesday
	1 Depression Grp 2-3	2	3
7	8	9 Women's Group 10-11 Crafters 11-1	10
14	15 Depression Grp 11-12	16	17
21	22	23	24
28 Boat Picnic 1-5 (T)	29 Client Band 11-1 (T)	30 Bingo Bash 11-1:30 (T)	31

Lehigh Valley Programs - Continued

Annual Bingo Bash (T)

Pizza will be served and prizes will include useful items for everyday life with low vision.

Tuesday, July 30, 11 a.m.-1:30 p.m.

Call Rita Lang at 610.433.6018, Ext. 225, to register.

Monroe Programs

Programs are held at Sights for Hope's Monroe Services Center unless otherwise noted. **Programs that offer transportation are marked with a (T).**

Monroe Client Support Group (T)

Monday, July 1, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Living through Depression Support Group Meetings

Monday, July 1, 2-3 p.m., and Monday, July 15, 11 a.m.-12 p.m.

Held by phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Art Therapy with Northbound (T)

Create tactile crafts with an art therapist from Northbound Treatment Centers.

Wednesday, July 10, 10:30 a.m.-12 p.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Tech Talks

Thursday, July 11, 2-3:30 p.m.

Held Virtually. Go to SightsforHope.org/Events for details.

Monroe Programs - Continued

Client Book Club Meeting

July's Book: *The Alice Network* by Kate Quinn

Friday, July 12, 10 a.m.-12:30 p.m.

By phone at 1.848.777.1212, passcode 219-9686#

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, or Rita Lang at 610.433.6018, Ext. 225, to register.

Explore Pennsylvania's Stonehenge (T)

Columcille Megalith Park in Bangor, PA, is known as Pennsylvania's Stonehenge.

Tuesday, July 16, 10-11:30 a.m.

Columcille Megalith Park, 2155 Fox Gap Road, Bangor, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Beginner Braille Class (T)

Friday, July 19, 10-11:30 a.m.

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Pizza and Bowling in Wind Gap (T)

Lunch at Sal's Pizza and Bowling at Blue Ridge Bowling Lanes.

Bring money for lunch and bowling (\$5 per game).

Thursday, July 25, 11 a.m.-2 p.m.

Sal's Pizza, 487 East Moorestown Road, Wind Gap, PA; and Blue Ridge Bowling Lanes, 495 East Moorestown Road, Wind Gap, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Monroe Programs

Annual Bethlehem Boat Picnic (T)

Sponsored by the Mountainville Lions Club and supported by the Bethlehem Boating Club. Enjoy food, entertainment, and boat rides on the Lehigh River. Family members are welcome. Please register even if you do not a transport so there is enough food.

Sunday, July 28, 1-5 p.m.

Bethlehem Boating Club Launch, 1400 Hope Road, Easton, PA

Call Lisa DePietro at 570.992.7787, Ext. 224, to register.

Client Band Jam Session (T)

Practice for members of Sights for Hope's client band, Limitless.

Monday, July 29, 11 a.m.-1 p.m.; subject to change

Call Rita Lang at 610.433.6018, Ext. 225, to register.

NuVisions Client Group Activity (T)

Explore the possibilities brought to life with assistive technologies.

Wednesday, July 31, 10:30 a.m.-12:30 p.m.

Call Jennifer Pandolfo at 570.992.7787, Ext. 222, to register.

Monroe Sights for Hope Lions Club Meeting (T)

For club members and interested guests. Please bring lunch or money to order.

Wednesday, July 31, 1-2 p.m.

Visit SightsforHope.org/MonroeLionsClub for details.

Client Bulletin

**This bulletin is a public service
provided in part by**

